



CUPE
METROPOLITAN VANCOUVER DISTRICT COUNCIL



FAQ – New Advocates Conference – For Participants

1. Am I a good candidate to attend this conference?

If you're curious about getting more involved with your union and just don't know where to start, this is a great opportunity. If you're already quite involved in your union, the content will be repetitive—you should look through other opportunities to learn through Union Education.

2. What will I learn about?

You'll learn about the structure of CUPE, parliamentary procedure, health and safety, and the different roles in the union. You'll also hear from others about how they got involved, and meet others in the same place as you to network with.

3. What is the benefit of attending this conference?

You'll walk away from this conference better understanding how CUPE works and how you can get involved in a way that best utilizes your skills and interests.

4. What commitment is required of me to be a participant?

You'll have to be fully available both days of the conference to attend workshops. There is a reception after the first day which is not mandatory to attend, but will give you the chance to network with other participants and build relationships that will be helpful moving forward.

5. If I have other questions or want to attend, who can I talk to?

Please start by talking to your local union executive. They can point you in the right direction and reach out for more information if needed.